SUGGESTED MENTORING ACTIVITIES

You may know as a mentoring pair what you want to do during your time together. But if you need some ideas on what to do, the following list is a great place to start.

Career Conversations
- Discuss the mentor’s educational background and the role of educational preparation in his/her field.
- Talk about a current event or issue in the mentor's field.
- Schedule a shadow visit, if appropriate.

Job Search Process
- Review the mentee’s resume and/or cover letter.
- Lead the mentee through a mock interview.
- Discuss how to best look for jobs/internships in the mentor’s field.

Graduate School Consultations
- Share what the mentor learned about navigating graduate school.
- Discuss how the mentor worked with advisors.
- Talk about how the mentor prepared for the transition from school to the professional world.

Mentor’s Story
- Talk about how the mentor has balanced personal life and career and what to expect.
- Discuss what the mentor would have done differently at university if he/she could do it over again.
- Talk about how the mentor has dealt with personal or professional challenges.
- Discuss the ways in which being active in a professional association has helped the mentor.

Networking Pursuits
- Introduce the mentee to colleagues or other contacts.
- Attend a professional association meeting or conference together (ACDA national and/or division conferences are great opportunities)
- Guide the mentee in how to conduct an informational interview.